



School of Psychology
Counselling & Psychotherapy



Course & Program Guide 2013

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Wanting to know more about us?

Register for our Information Evening - 26th September 2012, 6-7pm

T: (03) 9813 3400

E: education@cairnmillar.org.au

W: www.cairnmillar.org.au

Welcome to The Cairnmillar Institute School of Psychology Counselling and Psychotherapy

In the wide field of psychology and psychotherapy, Cairnmillar has played an extensive role. In particular, we have been active in four important areas:-



1. For more than 50 years, we have developed our clinical services and counselling, across the spectrum of specialisations in therapy, through to our own contextual analysis psychotherapy. Our work in this area has given us a significant presence both locally and internationally.
2. Our School of Psychology Counselling and Psychotherapy is also now well established. It has evolved from its early beginnings in professional education and training to our accredited Masters Degrees.
3. Over our history, we have been involved in different levels and expressions of research, with many books and publications on our record.
4. From our earliest days we have given high priority to community education and prevention. This side of our work continues to be a major focus. All treatment and training programs will be vastly enriched as they sit within a constant awareness of the priorities of prevention.

This brochure focuses on our professional training of psychologists, psychotherapists and counsellors. We now have an impressive list of people who have graduated from our programs and have themselves developed their distinctive careers.

We look forward to welcoming more people into this unique Cairnmillar family.

Dr Francis Macnab AM
Executive Director

*Achieving your career
dream...*



Message from Professor Denise Charman Head of School



This is an exciting time for the School as we seek to consolidate our new courses. In 2013, we will continue to build on Cairnmillar's reputation for "educating practitioners." We have high quality staff who all have considerable experience as practitioners. They are able to bring this experience into the classroom and provide students with lively, relevant and current practice wisdom. The staff complement their practice experience with high level qualifications and commitment to educating future practitioners.

The School is also well known for arranging relevant, challenging work place experiences with excellent supervision. These field placements can be in one of our internal student clinics or in an external agency.

Example of workplaces include schools, psychiatric hospitals, community health centres and private practices and could be located anywhere in Victoria. These placements enable students to apply their knowledge and skills learned in classrooms to build depth and breadth in their discipline, either psychology or counselling and psychotherapy. In the future we hope to be able to offer international placements in countries such as Bhutan.

During 2013, we will also be developing the e-learning dimension to our educational options and building on our research. All specialist colleges like the School, demonstrate excellence by maintaining critical enquiry as research and scholarship. We have recently appointed Dr Simon Moss to take the lead in building our research portfolio.

The School aims to "plan, do, review and feedback" to continuously improve so we can offer students the best possible experience of learning and teaching in their chosen profession. We welcome applicants who also aim to achieve the highest standards.

Closing Dates and Interviews

Applications are open until all places are filled. All applications will be reviewed by a selection panel and applicants shortlisted for interview in November.

We look forward to receiving your application.

Professor Denise Charman
Head of AOU

Facilities, Services and Scholarships

Student Resources

Students have free internet access. A range of software, and other statistical and word processing packages are available, together with photocopying and printing facilities.

Library

The library at Cairnmillar is a highly specialised library resource, aimed at the curriculum requirements of our students, psychological research and clinical psychology. The Library contains an eclectic mix of resources, representing modern psychological thought, research and learning; as well as a substantial collection of classic writings in the field of psychology, including original works of Freud, Albee, and many other pioneers of psychology.

Students have access to a range of psychology texts, monographs and journals. They also have twenty-four hour access to an electronic library system which has a student password to the library resource menu. This includes access to our catalogue, other university library catalogues, links to databases and other academic and general libraries, electronic journals and internet search engines.

Lecture Rooms

Our lecture, tutorial and counselling rooms are fully equipped to meet student needs. All rooms are equipped with audio visual facilities, overhead projectors and internet connection. A video camera, two way mirror and recording facility is available to meet the training needs of provisional psychologists and counselling and psychotherapy students.

Student Mentoring and Counselling

Students have access to an experienced student mentor who can assist them with study skills, time management, academic progress, assistance with English language and other academic issues. Individual counselling is available for students experiencing difficulties in their personal life or the stress and anxiety associated with academic study.

www.cairnmillar.edu.au





Student Clinics

We are proud of the reputation our psychology clinics have gained for providing practical counselling and psychotherapy training for students and low cost counselling for the general public. Supervision is provided by registered supervisors.

The counselling services are available for difficulties in relationships, grief and loss, separation and divorce, depression, anxiety, trauma, lack of self esteem, bullying, vocational and career planning as well as psychological assessment of intellectual ability and personality styles. Appointments are readily available appointments@cairmillar.org.au

Students enrolled in our Master of Counselling and Psychotherapy or Master of Psychology (Clinical Psychology) undertake placements in the following clinics:

Cairnmillar Camberwell

993 Burke Road Camberwell Vic 3124

T: 03 9813 3400

F: 03 9882 9764

Cairnmillar Highpoint

Highpoint Shopping Centre
Level 4, 120-200 Rosamond Road
Maribyrnong Vic 3032

T: 03 9317 0622

F: 03 9317 3655

Mingary Counselling Service

St Michael's Place
Level 2, 120 Collins Street Melbourne Vic 3000

T: 03 9654 5120

F: 03 9650 3863

Cairnmillar Springvale

Springvale Community Aid & Advice Bureau
5 Osborne Avenue
Springvale 3171

T: 03 9546 5255

F: 03 9548 4821

Scholarships and Awards

Students from around the world and from local ethnic communities have benefited greatly from the generosity of our supporters and benefactors.

The John Waters Memorial Scholarship

The John Waters Memorial Scholarship commemorates a man of great generosity and humanity. Mrs Gwen Waters and her family have joined with Cairnmillar to provide a scholarship to a psychologist or psychotherapist from another country. The Scholarship provides funding to cover the costs of one year's advanced training at Cairnmillar.

The Scholarship is one of the highest funded awards for a psychologist or psychotherapist. Such a concept is a fitting memorial to John Waters whose care and concern quietly reached out across many boundaries.

The Justice Michael Kirby Scholarship

To honour the contribution made to the life and work of AFAR and the Cairnmillar community, the Michael Kirby Scholarship in Trauma Therapy was established in 2005. Each year the scholarship is awarded to an organisation which contributes to human rights by working toward the psychological health and well being of traumatised individuals and communities. The scholarship enables a member of the organisation to enrol in a one year program.

The Peter Doherty Prize

Nobel Laureate Professor Peter Doherty AC was for six years The Chief Patron of Cairnmillar. To honour his distinguished contribution to the organisation, Cairnmillar established The Peter Doherty prize for the most outstanding student in The Masters of Counselling and Psychotherapy program.

The Ida Summers Child Trauma Award

For several years, Ida Summers, in the twilight years of her life has regularly put aside money from her pension and forwarded it to Cairnmillar to be used to help "little folk" who have been abused and traumatised in the earliest years of their life. The award recognizes a person who has made a major contribution to the lives of many children.

Students who wish to find out more about scholarship opportunities and the unique educational experience of Cairnmillar, can obtain further details at www.cairnmillar.edu.au



Teaching Faculty and Committees

Teaching Faculty

Dr Francis Macnab

Executive Director

AM OM PhD DSc DD MA FBPsS FAPS FACE
FAICD

Dr Coral Brown

Assistant Director

PhD MA GradDipEd(Couns) MAPS FCMI

Professor Denise Charman

Head of Academic Organisational Unit

PhD MA MAPS

Associate Professor Jolyon Grimwade

PhD MA DipEd MAPS

Mr John Alder

MA(Applied Psych) BEd(Couns) Dip Ed
MAPS FAHRI

Dr Jennifer Barnes

PhD MA(CounsPsych) MAPS

Dr Marion Barton

DPsych(Clinical) BA(Hons) MAPS

Ms Judith Cahill

MA HDTs BA(Hons) Psa Studies

Dr James Collard

DPsych MPsych Grad Dip Psych MAPS

Associate Professor Grace Couchman

DPsych BA(Hons) MAPS

Dr Rachel Cousins

DPsych(Clinical) BBS(Hons) MAPS

Dr Barbara Davis

PhD MPsych(Couns)

Dr Russell Deighton

PhD biol hum (Ulm) Dipl Psych (Konstanz)
Clinical Psych (Stuttgart) MAPS

Ms Mary Dewberry

MA(Couns Psych) BA (Hons) MAPS

Ms Michelle Doolan

MA(ClinFamTherapy) GradDip VETrg
(Hons) MAPS

Ms Robyn Gordon

MA GradDip MAPS

Ms Robyn Habner

Grad Dip PsychB BSc MAPS

Dr David Hallford

PhD BA(Hons)

Dr Raymond Jeanes

PhD MEd

Ms Margaret Karafilowska

MCounsPthy GradDip(Psych) Assoc MAPS

Dr Jon Kettle

PhD MPsych (Clinical) MAPS

Dr Lynette Kramer

DPsych MA GradDipSocSc DipEdPsych
MAPS

Ms Zoe Krupka

MCounsHumServ CAPAV(Clinical)

Mr Camilo Martinez

MCounsPthy

Dr Simon Moss

PhD BSc(Hons) MAPS

Dr Erin Pearson

PhD MOrgPsych MAPS

Dr Jane Power

PhD MSocSci DipPthy GradDipUrbSoc

Dr Lyn Radford

PhD MPsych(Clinical) MAPS

Ms Anna Rajenderan

GradDipAppPsych GradDipEd BSc(Hons)
MAPS

Dr John Ryan

PhD GradDip AppSci DipEd

Mr Don Treacher

MA (CounsPsych) BA(Hons) MAPS

Ms Mary Turnbull

BA(Lib) EMBA AALIA

Mr John Waters

MEd St DipEdPsych BBS(Hons) DipPsychotherapy
DCH MAPS

Mr Ian Woodhouse

MPsych(Couns) DipEdPsych MAPS

Administration

Mr Simon Hourigan

Mr Evan Zang

Finance

Ms Kerry Vajeth

Ms Lana Winzar

Reception

Ms Emma Van der Zant

Academic Registrar | Ethics Officer

Ms Dora Psiharis

School Administration Officer

Mr James Tapolczay

IT Administrator

Ms Kay Fraser

PA to Prof Denise Charman

Ms Julianne Ross

PA to Dr Francis Macnab



Chief Patron

Dr Graham Mitchell

AO RDA BVSc Syd FACVSc PhD Melb
FTSE FAA

Cairnmillar Council

Chairman

Mr Rowan Kennedy

B Com LLB

Council Members

Mr Clive Appleton

MBA AMP/ISMP(Harvard)
PostGradDip Marketing BEc

Mr Ian Chisholm

FAICD

Mr Tony Johnson

MBA GradDipAppFin&Inv BEc

Ms Sarah Lowe

Chartered Accountant

Dr Julie Shaw

PhD MBA MSc BA

Emeritus Professor Brian Smith

AO PhD

Professor Max Thompson

PhD DSc MSc FAIP MIABTI

The Senatus

Ms Marilyn Cobain

MA FAPS
Former Chair APS College of Counselling
Psychologists Private Practice

Dr Warwick Hartin

PhD MA FCMI,
Fellow of The Cairnmillar Institute

Mr Martin Randall

LLB (Melb)
Barrister

Dr Jim Potter

AM LLD BSc MAPPSC (Hons),
Former Registrar The University of Melbourne

Associate Professor David Loader

M.Ed B.Sc (gen)
Faculty of Education, University of
Melbourne, Education Consultant

Professor Max Thompson

DSc PhD MSc FAIP MIABTI
The University of Melbourne

Dr Bruce Watson

DEd MEdST DipAppSc BAppSc
GradDipEd AFAIM MACE AMACEA AFFIA
Consultant

Dr Coral Brown

Prof Denise Charman

Dr Francis Macnab

Adjunct Professors

Mr Steve Biddulph

Mr George Burns
Prof Prasuna Reddy

Human Research Ethics Committee

Chairman

Mr Wal Reid

LLB MBA ASA

Members

Ms Joy Arnott

RN Div1 PBNC

Mr Stuart Jobst

CPA

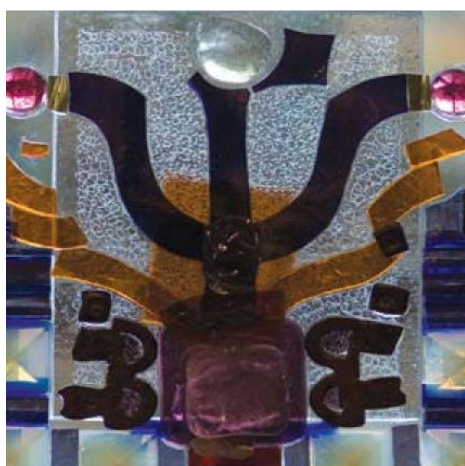
Ms Helena Morris

MA

Dr Coral Brown

Prof Denise Charman

Dr Barbara Davis



The Cairnmillar Triskelion portrays a central core, representing the body of knowledge and wisdom. Three arms sweep out from the centre to represent the investment of that knowledge and wisdom for the benefit of individuals, the community and the helping professions. The intense colour of the central core portrays distinction, vitality and the importance of this outreach.



*Psychotherapists come from
many backgrounds and professions,
including psychology, teaching
nursing and other helping professions*

Master of Psychology (Clinical Psychology)

Our Master of Psychology program prepares students for professional practice as clinical psychologists. Students participate in supervised work placements and undertake qualitative or quantitative research into aspects of psychological interventions, such as the therapeutic process, experiences of clients and therapists, change processes, differing presenting issues and studies of treatment outcome. Students also undertake course work units comprising of advanced study which is central to the practice of clinical psychology, as well as units of professional skills development and training.

Course Structure

Year 1 - Trimester One

Supervised Clinical Placement A
Masters Research Project A
Health and Clinical Psychology
Professional Practice and Professional Ethics

Year 1 - Trimester Two

Supervised Clinical Placement B
Masters Research Project B
Cognitive Behavioural and Internal Process Interventions
Psychological Assessment, Diagnostic Testing
and Interview Competencies

Year 1 - Trimester Three

Supervised Clinical Placement C
Masters Research Project C
Psychodynamic and Depth Psychology
Interpersonal Processes and Communication Skills

Year 2 - Trimester One

Supervised Clinical Placement D
Masters Research Project D
Diagnostic and Treatment Skills for Specific Conditions
Professional Practice Management and Evidence Based
Treatment Methods

Course Duration

2 years

Students accepted into the program must have successfully completed a four year, or three year plus a fourth year, APAC-accredited sequence in psychology within the last ten years with High Second Class Honours or equivalent, and be eligible for registration with the Psychology Board of Australia as a provisional psychologist.

Graduate Attributes

- Capable in their chosen professional area;
- Adaptable and ethical at work;
- Able to conduct professional assessment and treatment of personality cognition and mental health disorders.
- Able to evaluate and conduct applied research.



*The St Michael's
processional staff is
carried at Cairnmillar's
graduation ceremony
to acknowledge
St Michael's valued
support over many years.*

Graduate Diploma of Professional Psychology (fifth year)

The aim of this course is to provide an education in the professional practice of psychology, such that the graduate is eligible to gain registration as a provisional psychologist with the Psychology Board of Australia. Students may also be registered psychologists seeking to upgrade their qualifications. This fifth year has been designed specifically to meet APAC guidelines.

This course is a one year full-time course. Applicants must have completed an accredited fourth year in psychology, with grades equivalent to second class honours. Under exceptional circumstances, applications from students with a credit average may be considered.

There are two components in the course, coursework and a field placement. No thesis is required.

Course Structure

Trimester One

Observation Placement
Professional Practice Issues
Psychological Assessment, Diagnostic Testing and Interview Competencies
Interpersonal Processes and Workplace Practices

Trimester 2

Placement
Cognitive Behavioural Interventions
Health Psychology

Course Duration

1 year

Opening new doors...



Graduate Diploma of Psychology (fourth year)

This is a fourth year in psychology. Applicants are required to have completed a three year sequence in an APAC accredited course of study. This fourth year has been designed specifically to meet APAC guidelines.

Course Structure

Trimester One

Professional Practice and Professional Ethics
Evidence Based Practice and Practice Based Evidence
Research Methods and Research Project 1
Research Supervision

Trimester 2

Psychological Assessment
Research Methods and Research Project
Research Supervision
One Elective from the Master or the Graduate Diploma of Counselling and Psychotherapy

Trimester 3

One Elective from the Master or the Graduate Diploma of Counselling and Psychotherapy
(if not taken in trimester 2)

Course Duration

1 year

The course aims to provide for the completion of a four year sequence which is a requirement for advanced study in psychology. The content of the course includes theoretical and empirical bases for psychological measurement and assessment, as well as the evidence based approaches to psychological intervention. Professional practice issues and ethics are also integral to the course.

It is a one year full-time or two years part-time course. Applicants are expected to have at least an average of second class honours degree in psychology. In some circumstances, applicants with a credit average may be considered. There is no placement in this course. Students will be expected to undertake a substantial research project, consisting of approximately one half of the course.

*The Institute was named by its founder and first Director,
Dr Francis Macnab in honour of his post graduate teachers.*

*Professor David Cairns and
Professor W. M. Millar*



Psychology Internship Program

Cairnmillar’s professional internship provides “hands-on” learning within a structured training program. It enables you to add Cairnmillar’s name to your CV, network with other students and make professional contacts that will last you a lifetime. It provides the opportunity to develop your professional knowledge, gain experience in counselling psychology and to acquire workplace experience. It enables you to put your academic knowledge into practice, gain confidence, and become competent to practice in the field.

This program aims to help psychology students with provisional registration to be registered with the Psychology Board of Australia (PsyBA). Our interns take great pride in the professional development they receive. Under supervision you will work with clients from different cultural backgrounds, with a range of presenting issues and with specific emotional, psychological and vocational needs. You will also gain knowledge of the discipline, practice management skills and other competencies mandated by the profession, in close consultation with your supervisor, mentors and lecturers.

Program Overview

- Psychology Work Placement
- Individual Supervision
- Group Supervision
- Course Work
- Professional Development

APS Membership

Interns enrolled in Cairnmillar’s Psychology Internship Programs are eligible for Associate Membership of the Australian Psychological Society by virtue of their completion of an APAC approved 5-year psychology program at an Australian University.



On completion of the program, interns will normally gain the following skills:

- The capabilities required for registration as a psychologist;
- The practice skills to undertake psychological assessment, including social, emotional and cognitive skills, personality, anxiety, depression, stress and other related behaviours;
- A wide range of counselling and psychotherapeutic skills developed together with the therapeutic procedures suitable for clients typically presenting for help;
- Advanced knowledge and understanding of the professional and ethical guidelines as mandated for the provision of psychological counselling;
- The skills to present and discuss case material from an ethical, theoretical and practice based viewpoint with psychological and other helping professionals;
- The practice skills and knowledge to work with specific client groups and problem areas;
- The skills to provide treatment that is practice and evidence based;
- The interpersonal skills required to work collaboratively as part of a professional team;
- The ability to work independently and meet performance deadlines.

Limited places are available

Workplace Education Unit

Psychology Work Placements

Cairnmillar's Workplace Education Unit assists students across all courses with the placement component of their course. Placement units at Cairnmillar provide 'hands-on' learning with a structured education program. Placements provide the opportunities to develop professional knowledge and gain workplace experience. It enables students to put their academic knowledge into practice, gain confidence, and become competent to practice in the field. Cairnmillar has a long history of providing students with a variety of placements, including schools, private practice, psychiatric hospitals, and student counselling centres. Some placements are available within Cairnmillar Clinical Services and Student Clinics.

Pre-placement Competencies

It is strongly recommended that students prepare for their course and their placements by undertaking one of our short courses in counselling skills run by the Short Course Centre.

All students who are required to go on placement will be assessed for "readiness" for placement prior to being allocated a placement. To assess "readiness", students attend six training workshops on issues related to placement and counselling skills. Students will be expected to submit a recorded role play interview and a written commentary. The DVD will be rated either as a "counselling" session or as a "first interview". Students will be advised of the requirements during the workshop. The DVD and commentary will be assessed by a student clinic supervisor using a rating scale. In addition, the course coordinator may use a professionally accredited rating scale of competencies as recommended by APAC or the Australian Psychological Society. Students who demonstrate "readiness" will be offered either an internal or external placement.

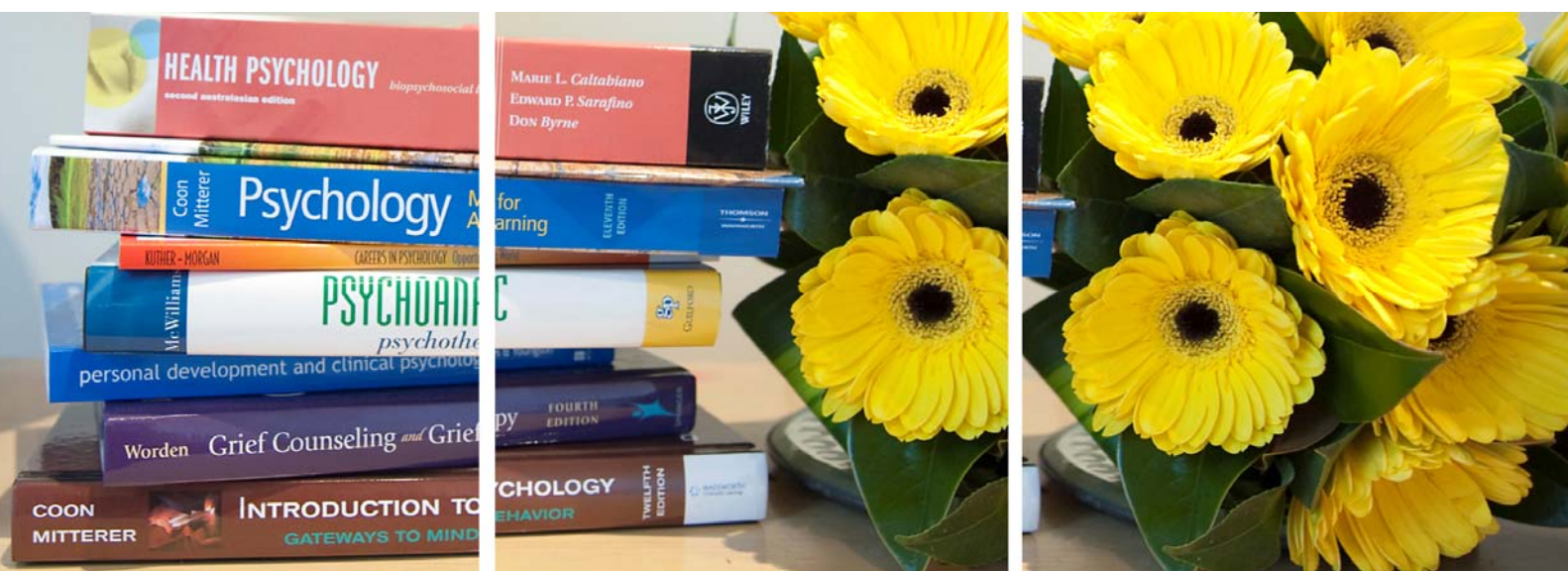
Individual Supervision

Individual supervision involves a review of cases under treatment, your management of the case, the therapeutic relationship and your own anxieties and conflicts. It includes a close monitoring of professional boundaries, competencies, and ethical professional practice.

Each supervisor has extensive experience in the various fields of psychology and is specifically accredited and experienced in supervision.

Group Supervision

Group supervision provides an opportunity for students to gain supervision of their cases, learn from the experiences of others and gain an understanding of group dynamics. The group process builds on the counselling and clinical skills gained in individual supervision. It provides peer review and support, and greatly assists in individual, personal and professional development.





Benefits

Cairnmillar provides comprehensive insurance including professional indemnity insurance to cover students at Cairnmillar and on external placement. Upon enrolment, assistance with the written material to be submitted to the PsyBA is provided, including assistance with the paper work for registration as a provisional psychologist. A student mentor is also available to assist with study and other personal issues.

Professional and Test Libraries

The library provides access to a comprehensive and up-to-date range of psychology, psychotherapy and counselling texts, monographs and journals.

In addition to general holdings, there are sufficient specialist monograph and journal holdings to support postgraduate courses in areas of student specialisation. The library provides substantial and widespread access to appropriate and commonly used psychology, psychotherapy and counselling electronic data bases.

Students have twenty-four hour access to an electronic library system which has a student protected password link from Cairnmillar's home page to the library resource menu. The resources available include access to library catalogues, links to databases and other academic and general libraries, links to electronic journals held by Cairnmillar and to the internet search engine EBSCOHost. Training is provided for students in their use.

Centrelink

Full-time students may be eligible to receive payments from Centrelink. To determine your eligibility or for further information, please visit www.humanservices.gov.au

Career Opportunities

Our interns have gained employment with the following organisations

- CentaCare
- Care Connections
- Centrelink
- Mission Australia
- Anglicare
- Cairnmillar
- University Research Assistant
- Albert Road Clinic
- Alfred Hospital
- Private Psychological Practice
- Drug and Alcohol Rehabilitation Providers
- Family Relationship Centres
- Monash University
- Southern School of Natural Therapies
- Davison & Trehair

Fees

The tuition fees include course fees, professional psychological practice at Cairnmillar or at external placements, individual supervision and group supervision.

Unused supervision sessions cannot be carried over to the following trimester.

Full and part-time psychology students will need provisional registration approved or pending prior to enrolling in trimester two (either full or part-time).

Master Class...

Freud, Jung, Horney, Fromm,
May, Stack-Sullivan, Balint,

Menninger, Winnicott, Klein,

Bowlby, Malan, Mahler,

Heidegger, Schafer, Ellis, Kernberg,

Horowitz, Rogers, Levenson, Beck,

Luborsky, Yalom, Mahoney,

Messer, Stern, Macnab, Binder,

Davanloo, Teyber, Seligman, Sifneos,

Weiss, Wachtel, Book, White...

Master of Counselling and Psychotherapy

The Master of Counselling and Psychotherapy is a Psychotherapy and Counselling Federation of Australia (PACFA) and an Australian Counselling Association (ACA) accredited nested suite of study. It is designed to cover the counselling and psychotherapeutic skills needed to respond to, and deal with, clients presenting for assistance. Advanced knowledge and understanding of the professional and ethical guidelines as mandated for the counselling profession, as well as the research and presentation skills are developed within the program. Completion of the program gives graduates the training hours and the opportunity for acquisition of the supervised counselling hours required for clinical membership of PACFA/ACA.

Course Structure

Year 1

Full time students will enrol into the Graduate Diploma of Counselling and Psychotherapy and complete both the Graduate Diploma and the Graduate Certificate of Counselling and Psychotherapy units in the first year.

Year 2 - Trimester One

Counselling and Psychotherapy Placement 1
Research Project – 1
Existential Psychotherapy
Key Competencies in Brief Dynamic Psychotherapy

Year 2 - Trimester Two

Counselling and Psychotherapy Placement 2
Research Project – 2

Electives (select two from the following units)

Trimester Two

Health Psychology
Trauma Therapy – Extreme Stress
Or one elective from Psychology program

Trimester Three

Relationship and Marital Therapy
Psychoanalytic Psychotherapy
Trauma Therapy – Loss and Grief

Course Duration

2 years

The unit sequence is a guide only

Students in the program will:

- Gain valuable practical experience in counselling and psychotherapy;
- Gain experience in counselling people with depression, trauma, children, relationship and marriage problems;
- Receive individual supervision in accordance with the ethical, legal and professional issues associated with counselling and psychotherapeutic practice.



Graduate Diploma of Counselling and Psychotherapy

Our Graduate Diploma of Counselling and Psychotherapy gives focused attention to some key forms of therapeutic interventions. With its strong vocational emphasis, students learn how to integrate theoretical constructs, gain increased personal knowledge, increase their insight and understanding, apply advanced therapeutic techniques and further develop their observational skills. A unique feature of the Graduate Diploma is the introduction to the theory and techniques of a brief psychotherapy that integrates concepts from the major psychotherapies, the psychodynamic, cognitive, existential and the humanistic, in a relevant and practical treatment method.

Course Structure

Trimester One - Core Units

Brief Integrative Psychotherapy

Cognitive Behavioural Therapy

Trimester Two - Core Units

Treatment Planning and Psychopathology

Ethics and Professional Development

Option

Counselling and Psychotherapy Placement 1 & 2
(upon application to course co-ordinator)

Course Duration

1 year

Completion of the Graduate Diploma provides the number of training hours required for membership of PACFA/ACA. Additional to the coursework, an optional enrolment in two placement units gives the opportunity for acquisition of the supervised counselling hours required for clinical membership of PACFA/ACA.

Graduate Certificate of Counselling and Psychotherapy

The Graduate Certificate of Counselling and Psychotherapy builds on the students basic knowledge and skills, leading them to a deeper understanding of the psychotherapeutic process. The graduate certificate is intended to provide training in the theory and techniques of counselling and psychotherapy, with an emphasis on the development of practical skills. The underlying assumption of the graduate certificate is that good counselling practice is achieved through integrating theoretical, practical and personal experience.

Course Structure

The course enables students to develop their own therapeutic style, while gaining an overview of the change process and different theoretical and practical skills for facilitating change. Students are taught the application of counselling and psychotherapy by discussing case material from their own practice, participating in clinical observation and by learning how to manage themselves in their professional settings and relationships.

Trimester One - Core Units

Psychotherapeutic Theories and Models
Clinical Techniques and Interventions

Trimester Two - Core Units

Interpersonal Processes
Facilitating Therapeutic Change

Course Duration

1 year





Professional Entry Requirements and FEE-HELP

Master of Psychology (Clinical Psychology)

Students accepted into the program must have successfully completed a four year, or three year plus a fourth year, APAC accredited sequence in psychology within the last ten years with an upper second class honours overall mark. Students must be and be eligible for registration with the Psychology Board of Australia as a provisional psychologist.

An order-of-merit for entry will be prepared taking into account (a) academic record, (b) previous work experience and training, and (c) academic and professional referees' reports.

Graduate Diploma of Professional Psychology

Applicants must have completed an accredited fourth year in psychology with at least credit average.

Graduate Diploma of Psychology

Eligible students will have completed a three year sequence in psychology in an accredited APAC program of study, within the last ten years. Minimum entry standard is a credit average in second and third year units.

Master of Counselling and Psychotherapy

Applicants must be qualified for a degree with honours with studies in welfare, social work, psychology, social sciences, nursing, medicine, education or similar. Applicants must be qualified for the award of a degree from an Australian university or equivalent overseas degree. Completed the Graduate Diploma of Psychotherapy.

Graduate Diploma of Counselling and Psychotherapy

Applicants must have a completion of the Graduate Certificate with an average of credit level for each of the four subjects and a degree with studies in welfare, social work, psychology, social sciences, nursing, medicine, education (or similar,). Or, applicants have completed a diploma level course in welfare or community studies or similar at TAFE level and at least two years relevant work experience, and studies in basic therapy or counselling skills either within the applicant's course or in another approved program. For this pathway students may have to complete some prerequisite subjects in the Graduate Certificate.

Graduate Certificate of Counselling and Psychotherapy

A degree with studies in welfare, social work, psychology, social sciences, nursing, medicine, education or similar, or a diploma level course in welfare or community studies or similar at TAFE level and at least two years relevant work experience.

Special Entry

Applicants who do not meet these requirements may present a case for admission based on previous academic study and relevant work experience.

FEE-HELP

FEE-HELP may cover all or part of the tuition, placement and supervision fees.

To find out more go to www.studyassist.gov.au

What is FEE-HELP?

FEE-HELP is a loan scheme that assists eligible students to pay their tuition fees. It cannot be used for additional study costs such as accommodation or text books. FEE-HELP can cover all or part of a student's tuition fees. Over their lifetime a student may borrow up to the FEE-HELP limit of \$93,204 (2013) to pay their tuition fees.

The Australian Government pays the amount of the loan direct to a student's higher education provider in the case of its students. Students repay their loans through the Australian taxation system once their repayment income is above the minimum repayment threshold for compulsory repayment. Voluntary repayments may be made at any time, regardless of income.

The total amount of FEE-HELP a person can use is known as the 'FEE-HELP limit'. Once a person begins using FEE-HELP, the amount of FEE-HELP they have left to use is known as their 'FEE-HELP balance'.

Am I eligible for FEE-HELP?

You are eligible for FEE-HELP if you:

- are studying at an approved FEE-HELP provider (approved provider) or through Open Universities Australia (OUA);
- meet the citizenship and residency requirements:
- you are an Australian citizen or permanent humanitarian visa holder (resident in Australia for the duration of your unit), OR
- you are a permanent visa holder who is undertaking [bridging study for overseas-trained professionals](#), and will be resident in Australia for the duration of the study;
- are enrolled in an eligible unit of study by the census date for that unit;
- have not exceeded the FEE-HELP limit (see below);
- meet the tax file number (TFN) requirements:
- you must give your provider your valid TFN; OR
- if you don't have a TFN you can give your provider a *Certificate of application for a TFN*. This certificate is available from the [Australian Taxation Office \(opens in a new window\)](#) after you have applied for a TFN.

Information for International Students

(CRICOS provider no. 02781E)



Study in Australia

Every year more than two million students choose to study at private organisations like Cairnmillar. Our international reputation for excellence in the area of professional education and training are widely known.

Our international students will not be the first to study at Cairnmillar. In the past, students from Turkey, Romania, New Zealand, Israel and India, have taken the opportunity to extend their professional development and train at one of Australia's oldest schools of psychotherapy. They will join many other graduates who continue to tell us that our programs offered them something that is practical and real.

International students already studying in Australia who have completed an approved four year sequence of study in psychology, are eligible to join our psychology internship program.

1. Admission Application

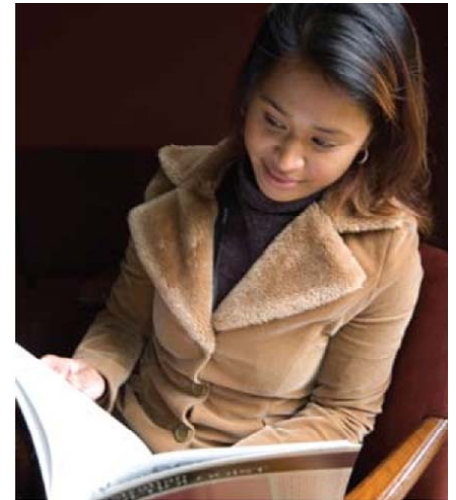
Apply for admission directly to Cairnmillar Institute. You can obtain an application form from either a local Australian education agent or the Cairnmillar School Registrar:
Phone +61 3 9813 3400 Fax +61 3 9882 9764
education@cairnmillar.edu.au

2. Visa Application

To be granted a student visa you must complete an application form, pay the visa application charge and satisfy the student visa requirements. All students must have medical insurance before they apply for a student visa.

3. Arrival and Reception

The Cairnmillar Institute will provide an orientation program and ongoing support where appropriate. It is an Australian Government requirement that students notify their education institution of their address in Australia within seven days of arrival, and notify their education institution of any change of address within seven days.



Note: Tuition fees referred to in this brochure apply to domestic students only. International students please refer to www.cairnmillar.edu.au/education/teaching-fees.php

Click on and Download Tuition Fees and EFTSL for 2013 International Students

The International English Language Testing System (IELTS),

Applicants with overseas qualifications are required to have a minimum of seven (6.5) in each of the four components (listening, reading, writing and speaking) and a minimum overall band score of seven (6.5).

Results must have been obtained within two (2) years of submitting an application for registration. Results must be obtained in one sitting. Results exceeding two (2) years from date of application will not be accepted.



For more information go to www.studymelbourne.vic.gov.au

www.studyinaustralia.gov.au

Applications & Enrolment Conditions

Certificate Courses and Accredited Degree Programs Applications

Cairnmillar recognises both prior learning and current competencies in the selection process of students, alongside previous training and experience when selecting suitable candidates for our programs.

Our admission process requires the submission of a personal statement, the provision of two referees and copies of all academic transcripts relating to previous academic training. We also ask for the completion of a series of questions pertaining to any past experience in the field of counselling.

Those wishing to apply for Certificate or Accredited Degree Programs at Cairnmillar should complete the application form. Upon receipt the applicant will be contacted and invited to attend an interview with members of the School Teaching Faculty.

Recognition of Prior Learning/Credit Transfers

Students may apply for recognition of prior learning and exemptions from some units of study, where an equivalence of earlier learning and achievement can be established.

Current competencies will be assessed through the following:

1. Written application.
2. A presentation of the application to the appropriate selection committee.
3. Review and clarification of all supporting documentation.
4. Referee feedback.

All claims for recognition of current competence will be matched to the relevant subject outlines or project requirements.

Academic Calendar

The student portal will have details of the academic calendar with start and dates for each trimester orientation weeks and mid-trimester breaks.

Note: All supervision sessions must be used in the trimester for which fees have been paid unless special circumstances have been approved by Head of School.

Further Information

If you would like further information or have any questions regarding the courses offered by Cairnmillar, please contact us.

T: +61 3 9813 3400

F: 61 3 9882 9764

education@cairnmillar.edu.au



All fees are reviewed each year and may increase without notice. Cairnmillar reserves the right to terminate a person's participation in a course:

1. If the participant fails to meet the ongoing 80% attendance requirements and all assessment tasks.
2. If the course is deemed to be beyond his or her ability.
3. If the person is being disruptive in class.
4. If the student breaches the Institute's privacy and ethical conditions.
5. If the student does not accept the Institute's rules.
6. Placement terminated by the agency for reasons to do with student's conduct

Withdrawal and Refund Conditions

1. All withdrawal and refund requests must be made in writing to the School Registrar on the appropriate Cairnmillar form only. Phone calls and verbal advice are not acceptable methods of withdrawal or refund requests.
2. All withdrawals need to be made within four weeks of the commencement of Trimester, otherwise full fees apply.
3. A student who withdraws on or prior to the census date is entitled to receive a refund of his/her tuition fees.
4. Cairnmillar does not accept responsibility for any changes in personal circumstances or work commitments of students.
5. Cairnmillar does not take any responsibility for any books or resources purchased or expenses incurred for use in its courses or programs.
6. Different refund arrangements apply for International Students. Please refer to the Information Booklet for Overseas Students.

Cancellation Policy

Cairnmillar reserves the right to alter any of the published arrangements, either before or during a course or to cancel, substitute or terminate a course or unit where necessary.

Student Recruitment, Selection Policies and Procedures

For further information go to www.cairnmillar.edu.au

Students with Special Needs, Medical Conditions and Disabilities

Students are required to advise The Cairnmillar Institute at the time of enrolment if they have a disability or medical condition that might adversely affect their academic performance. Students are expected to provide external medical certificates or reports, at their own expense, that set out their treating doctor/s views as to whether the student is fit to undertake the particular study with regard to the medical condition or disability and any particular adjustments that may be required in order for the student to participate in the course, and the nature of those adjustments the Cairnmillar Institute reserves the right to require the student to attend a second medical examination in order to determine whether the student is fit for study. The cost of such an examination will be met by The Cairnmillar Institute.

Privacy

The Cairnmillar Institute acknowledges and respects the privacy of individuals. We support and endorse the National Privacy Principles contained in the Privacy Amendment (Private Sector) Act 2000 and complies with these principles whenever personal information as defined by the Act is collected by us.

The Cairnmillar Institute School of Psychology Counselling and Psychotherapy

CRICOS Provider No 02781E ABN 27 005 0085 423

T: 9813 3400 **F:** 9882 9764 **E:** education@cairnmillar.edu.au **W:** www.cairnmillar.edu.au

250 metres from Camberwell Station – Tram 72 Stop 65 – Melways 45 J10

Psychology Clinics

Camberwell

993 Burke Road
Camberwell 3124

T: 03 9813 3400

F: 03 9882 9764

CBD

Mingary Counselling Service
St Michael's Place

Level 2, 120 Collins Street

Melbourne Vic 3000

T: 03 9654 5120

F: 03 9650 3863

Highpoint

Highpoint Shopping Centre
Level 4, 120-200

Rosamond Road

Maribyrnong Vic 3032

T: 03 9317 0622

F: 03 9317 3655

Springvale

Springvale Community Aid
& Advice Bureau

5 Osborne Avenue

Springvale 3171

T: 03 9546 5255

F: 03 9548 4821